

Secret Ingredients

Accessibility Guide



An illustration of a cake in a slightly messy, hand drawn style. The cake is pink and purple with dark red outlines and white details. It is decorated with roses and says "I think we should date" in frosting.

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An illustration of three cakes in a slightly messy, hand drawn style. The cakes are drawn with blue and red outlines on white and pink backgrounds. Each cake has a message written in frosting. They say: "unhappiest of birthdays," "you see me you hear me," and "I love you so much it hurts."

About the Performance

What Will Happen

- This will be a performance of ***Secret Ingredients***, an **experimental theatre project**.
- The performance includes **storytelling, projection design, audio recordings of voices, and music**.
- The performance includes **optional audience participation**, such as: eating cake, reading text out loud into a microphone, and writing a message on a piece of paper. None of the audience participation is required.

The Performance's Story

- *Secret Ingredients* uses cake to explore the messiness of human relationships. Leading up to the performance, the public is invited to consider messages that they find too difficult to say directly to someone in their life, and submit them via an online form. These messages are translated into cakes, which are delivered to the intended recipients as an edible form of communication. The performance tells the stories of the cakes that were baked and delivered, mixed with the performer's personal stories and experiences.

Day & Time

- **Tuesday February 4 and Saturday February 8, 2025**
- **7:00pm-8:00pm**

Location

- Location: **The Russian Hall**
- Address: 600 Campbell Avenue, Vancouver, BC

How do I Get to the Venue?

- The Russian Hall is on **Campbell Avenue**, between **Keefer Street** and **Hawkes Avenue**.
- You can find the venue on **Google Maps** by following [this link](#).
- If you use transit, the venue is close to the **East Hastings Street & West Campbell Avenue stops** (Westbound or Eastbound) for the number 14, number 16, and number 20 buses.
- To get to the venue from the bus stops on Hastings, turn South on Campbell Avenue. Go South down Campbell Avenue until you reach the intersection of Campbell Avenue and Keefer Street. The Russian Hall will be to the East on your left.
- It takes **around 4 minutes** to get from the bus stop to the venue on foot or using a wheelchair, scooter, or other mobility device.

Outside the Building



Outside of the Russian Hall, a rectangular building decorated with pastel-coloured, geometric murals. A beige sign on the building reads "Russian Hall" in English and Russian text. Trees and cars line the street nearby.

- The **main doors** to the building are on **Campbell Avenue** between Keefer Street and Hawkes Avenue.
- Enter the building through the main doors, which are under the awning beneath the sign that reads "Russian Hall" in English and Russian text.
- You can reach the main doors by a **ramp** or a **set of stairs**.

Lobby



Lobby of the Russian Hall, an open space with white walls, white diffuse lighting, and a beige tile floor. On the left is a wall with glass tiles and an elevator door. On the right is a beige foldout table and black double doors.

- Turn left and use the **elevator** or the **stairs** to go down to the **washrooms** in the basement one floor below.
- Turn right and go through a set of **double doors** to get to the **theatre**.
- During HOLD ON LET GO, the lobby **may be busy** with people coming and going from shows.

Theatre



Theatre in the Russian Hall, a large gymnasium with high ceilings, a few windows, and a proscenium stage.

- In the theatre, the performance will take place on the **gymnasium floor area**, not the proscenium stage.

Accessibility Info

- Audience members **can decide whether to wear a mask** based on their personal needs.
- Cakes are served to the audience as part of the show. **Eating the cake is optional.** The cakes are vegan, may contain nuts, contain gluten, and may contain trace amounts of dairy and eggs. **We will also have cake in to-go containers you can take home, if you prefer to remain masked** and enjoy your cake later.
- There are several moments of **optional audience participation**, such as: eating cake, reading text out loud into a microphone, and writing a message on a piece of paper. **None of the audience participation is required.** Instructions for audience participation are given verbally and in projected text.
- The **audience areas of the venue are mostly accessible for wheelchairs and mobility devices.** There is a ramp to the main entrance. The entrance, lobby, and theatre are all on the same floor. You can access the washrooms in the basement via a lift. The door to the lift and the doors to the washrooms, however, do not open automatically. You can ask a HOLD ON LET GO team member to help with opening these doors.
- There will be **gender neutral washrooms** (one with stalls and one with urinals) in the basement, one floor below the lobby and theater. There will also be one gender neutral, single-stall washroom **large enough for a wheelchair** to fit.
- There is **warm and diffuse lighting** in the lobby, with some brighter white light in the washrooms. During the performance, **the theatre will sometimes be dark** with stage lights on the performer, and sometimes have **warm and diffuse lighting** on the audience.

- **Content warnings** include mentions of:
 - Parent's life threatening illness
 - Psychiatric hospitalization

- **Sensory warnings:**
 - Smells of cake and cake ingredients

- Seating will include **sturdy, armless wooden chairs** at tables, and **spaces for wheelchairs and mobility devices**.

- **The vibe of the performance is casual.** This means that it is okay you need to stand up and stretch, or leave and come back. We encourage you to do so in a quiet way when possible, to help meet the performer's access needs.

- **Visual elements of the show will be described**, but sections of the show with audience participation have not been tested for accessibility for blind and partially sighted audiences. We recommend **using the companion ticket program**, as attending with a companion could make these sections more accessible. If you require an extra ticket for a companion, please email: **holdonletgo@theatrerplacement.org**

- **A pre show audio note is available** to increase access for blind and partially sighted audience members. It includes descriptions of the staging of the show, the set design, the performer, and the elements of audience participation. **You can listen to it [at this link](#).**

- **Printed copies of the script** will be available on request if you would like to follow along during the performance. If you would like a copy of the script to read during the performance, you can **ask a HOLD ON LET GO team member when you arrive in the theatre**.

Who Can I Contact if I Need Support or Have Questions?

If you have any questions regarding accessibility at Secret Ingredients and HOLD ON LET GO please email: holdonletgo@theatrerplacement.org



An illustration of three cakes in a slightly messy, hand drawn style. The cakes are drawn with blue and red outlines on white and pink backgrounds. Each cake has a message written in frosting. They say: "I'm sorry I didn't tell you I have ADHD," "tell your mom to stop texting me," and "I can't believe you're real."