Secret Ingredients

Accessibility Guide

An illustration of a cake in a slightly messy, hand drawn style. The cake is pink and purple with dark red outlines and white details. It is decorated with roses and says “I think we should date” in frosting.

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An illustration of three cakes in a slightly messy, hand drawn style. The cakes are drawn with blue and red outlines on white and pink backgrounds. Each cake has a message written in frosting. They say: “unhappiest of birthdays,” “you see me you hear me,” and “I love you so much it hurts.”

About the Performance

What Will Happen

- This will be a performance of ***Secret Ingredients***, an **experimental theatre project**.

- The performance includes **storytelling**, **projection design**, **audio recordings of voices,** and **music**.

- The performance includes **optional audience participation**, such as: eating cake, reading text out loud into a microphone, and writing a message on a piece of paper. None of the audience participation is required.

The Performance's Story

- *Secret Ingredients* uses cake to explore the messiness of human relationships. Leading up to the performance, the public is invited to consider messages that they find too difficult to say directly to someone in their life, and submit them via an online form. These messages are translated into cakes, which are delivered to the intended recipients as an edible form of communication. The performance tells the stories of the cakes that were baked and delivered, mixed with the performer's personal stories and experiences.

Day & Time

- Saturday August 15, 7:00pm
- Sunday August 16, 3:00pm

Location

- Location: The Theatre Centre BMO Incubator
- Address: 1115 Queen St. W, Toronto, Ontario

For information about accessibility at The Theatre Centre BMO Incubator, please see the venue guide on the show's webpage, at this link.

Secret Ingredients Accessibility Info

- Audience members **can decide whether to wear a mask** based on their personal needs.

- There are several moments of **optional audience participation** in the show. **None of the audience participation is required.** Instructions for audience participation are given verbally and in projected text.

- Cakes are served to the audience as part of the show. **Eating the cake is optional.** The cakes are vegan, may contain nuts, contain gluten, and may contain trace amounts of dairy and eggs. **We will also have cake in to-go containers you can take home, if you prefer to remain masked** and enjoy your cake later.

- Throughout the show, the audience is prompted to eat the cake samples at specific times. **Every plate has a tactile dot to help identify the first cake sample to eat**, after which we go around the plate in a clockwise motion. The cake samples are also described verbally.

- **Content warnings** include discussion of:
    - Parent's life threatening illness
    - Psychiatric hospitalization

- **Sensory warnings:**
    - Smells of cake and cake ingredients

- **The show is a relaxed environment.** This means that it is okay you need to stand up and stretch, or leave and come back. We encourage you to do so in a quiet way when possible, to help meet the performer's access needs.

- **Visual elements of the show will be described.** Visual elements of the show that are not described live on stage are described in the pre show audio note.

- **A pre show audio note is available** to increase access for blind and partially sighted audience members. It includes descriptions of the staging of the show, the set design, the performer, and the elements of audience participation. **You can listen to it at this link.**

- There will be a **touch tour before each performance** to increase access for blind and partially sighted audience members. If you would like to attend the touch tour, no registration is required, you can just arrive. You are also welcome to email **access@summerworks.ca** to let us know you will be joining.

  Touch tour times:
  Saturday August 15, 6:15pm
  Sunday August 16, 2:15pm

Who Can I Contact if I Need Support or Have Questions?

If you have any questions regarding accessibility at Secret Ingredients, please email: **access@summerworks.ca**

An illustration of three cakes in a slightly messy, hand drawn style. The cakes are drawn with blue and red outlines on white and pink backgrounds. Each cake has a message written in frosting. They say: “I’m sorry I didn’t tell you I have ADHD,” “tell your mom to stop texting me,” and “I can’t believe you’re real.”